Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:15 am Mass with Msgr. O'Connor (HH) 1:15 pm Crane's Community Players Rehearsal (LB) 2:00 pm Ecumenical Communion Service with Pastor Unzaga (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: Eleanor the Great (HH)	**2** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Crane's Mill Chorus Rehearsal (HH) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:30 pm Board Meeting – For Members Only (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Balance & Coordination (FC) 7:00 pm Women's Chorus Rehearsal (AR) 7:00 pm Crane's Community Players Rehearsal (LB) 7:00 pm Dave Rimelis Band (HH)	**ELECTION DAY** **3** 9:00 am Cardio with a Purpose (FC) 10:15 am Training for the Brain (FC) 10:30 am New Resident Brunch (CDR) 11:30 am Balance & Coordination (FC) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Tech Support with Ginny 1st Floor Creekside Lounge 2:00 pm Golden Yoga (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Lets Take a Walk Inside (TS) 7:00 pm Paul Rabinowicz Travel Lecture: Paris (HH) **Transportation available to vote. Times will be posted at front desk.**	**4** 9:00 am Wake Up and Stretch (FC) 9:30 am Shop Rite 10:00 am Cougar Techies (TS) 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Rosary (CL) 11:00-1:00 Mary Kay (TS) 11:30 am Pickleball (FC) 1:00 pm Recycling Committee (AR) 1:00 pm Personal Training (FC) 1:15 pm Banks (local) 2:00 pm Emergency Preparedness All Residents (HH) 2:15 pm Pharmacies & Local Errands 2:30 pm Bible Study with Pastor Mike (CL) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:15 pm JCHS Jeopardy/Trivia (LB) 3:30 pm Breathwork and Stretch (FC) 7:00 pm B-I-N-G-O (HH)	**5** 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:00 pm Lunch at Thavma in Livingston 12:30 pm Rock Steady Boxing (FC) 1:00 pm Food Demo with Chef Andrew: Bananas Foster Flambe (CL) 2:00 pm Meeting for All Residents with Home Health Aides – Aides Required to Attend (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Posture and Balance (FC) 4:00 pm Happy Hour with Kelly Carpenter (Café Pub) 7:00 pm Clint Piano Concert (HH)	**6** 9:00 am Wake Up & Stretch (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am 1st Friday Meeting with the Board and All Residents (HH) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Field Day with John Esposito (TS) 2:00 pm Shabbat Eve Service (HH) 2:30 pm Get to Know Exercise Equip (FC) 3:30 pm Breathwork & Stretching (FC) 4:00 pm Lecture with Robbie Amodeo: The Jewish Starlets of Hollywood (HH) 7:00 pm Music with Mike Dacey (HH)	**7** 10:00 am Artist Enclave (AE) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 2:00-4:00 Rummage Sale (HH) 7:00 pm Movie: The Producers (HH)
8 11:15 am Mass with Msgr. O'Connor (HH) 1:15 pm Crane's Community Players Rehearsal (LB) 2:00 pm Ecumenical Communion Service with Pastor Boyle (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: One Fine Day (HH)	**9** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Crane's Mill Chorus Rehearsal (HH) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Trip to Dollar Store 2:00 pm Lecture with James Greller: Brooklyn in Motion (HH) 2:30 pm Core and Cardio (FC) 3:30 pm Balance & Coordination (FC) 7:00 pm Women's Chorus Rehearsal (HH) 7:00 pm Crane's Community Players Rehearsal (LB) 7:00 pm Movie: Resident's Choice (AR)	**10** 9:00 am Cardio with a Purpose (FC) 10:15 am Training for the Brain (FC) 10:30 am Coffee with Pastor Mike (CL) 11:00 am Lecture: Birding with Barb (LB) 11:30 am Balance & Coordination (FC) 12:30 pm Rock Steady Boxing (FC) 1:00 pm Food Committee (CDR) 1:00 pm Tech Support with Ginny 1st Floor Creekside Lounge 1:00 pm Caldwell University's Adult Development Class (HH) 2:30 pm Author - Maida Richlin (HH) 2:15 pm Rock Steady Boxing (FC) 3:00 pm Classic Literature with Pastor Mike (LB) 3:30 pm Let's Take a Walk Inside (TS) 7:00 pm Reeds Rhythm Rehearsal (HH)	**VETERANS DAY** **11** 9:00 am Veteran's Day Ceremony (TS) 9:00 am Wake Up and Stretch (FC) 9:30 am Shop Rite 10:00 am Cougar Techies (TS) 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:15 pm Banks (local) 2:15 pm Pharmacies & Local Errands 2:00 pm Welcoming Committee (LB) 2:00 pm Lecture with Joel Farkas (AR) 2:30 pm Bible Study with Pastor Mike (CL) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 4:00 pm Bereavement Group (AR) 7:00 pm B-I-N-G-O (HH)	**12** 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:00 am Current Events with Paul Rabinowicz 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:00 pm Activities Committee (AR) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Posture and Balance (FC) 4:00 pm Happy Hour with Tom Cattucci (Café Pub) 7:00 pm Pettet Girls (HH)	**13** 9:00 am Wake Up & Stretch (FC) 10:00 am Trip to American Museum of Natural History & Hayden Planetarium 10:00 am Let's Take a Walk Inside (TS) 10:45 am Book Club (HH) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Shabbat Eve Service (HH) 2:00 pm Golden Grooves (AR) 2:30 pm Get to Know Exercise Equip (FC) 3:30 pm Breathwork & Stretching (FC) 7:00 pm Crane's Community Players Rehearsal (LB) 7:00 pm Musical Entertainment (HH)	**14** 10:00 am Artist Enclave (AE) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 3:00 pm Lecture: SPAM – The Little Ham in a Can (HH) 5:00 pm Meet, Eat, Greet (CDR) 7:00 pm Movie: My Left Foot (HH)
15 11:15 am Mass with Msgr. O'Connor (HH) 1:15 pm Crane's Community Players Rehearsal (LB) 2:00 pm Ecumenical Communion Service with Pastor Unzaga (HH) 2:00-4:00 Pastel Society Art Reception (Gallery) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: On the Water Front (HH)	**16** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Crane's Mill Chorus Rehearsal (HH) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Paint & Chill with Rob (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Balance & Coordination (FC) 3:45 pm Bible Study with Rabbi Silverstein (AR) 7:00 pm Women's Chorus Rehearsal (HH) 7:00 pm Crane's Community Players Rehearsal (LB) 7:00 pm Movie: Resident's Choice (AR)	**17** 9:00 am Cardio with a Purpose (FC) 10:15 am Training for the Brain (FC) 10:30 am Coffee with Pastor Mike (CL) 11:00 pm Building Committee (HH) 11:30 am Balance & Coordination (FC) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Tech Support with Ginny 1st Floor Creekside Lounge 2:00 pm Janet Mandel Lecture: A Sisterhood of Sculptures (HH) 2:15 pm Rock Steady Boxing (FC) 3:00 pm Classic Literature with Pastor Mike (LB) 3:30 pm Lets Take a Walk Inside (TS) 7:00 pm Music with Sammy (HH)	**18** 9:00 am Wake Up and Stretch (FC) 9:30 am Shop Rite 10:00 am A Gentlemen's Chat (CL) 10:00 am Cougar Techies (TS) 10:30 am Shop Rite 11:00 am Beading with Megan (AR) 11:00 am Rosary (CL) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:15pm Banks (local) 1:30 pm Health Committee (HH) 2:15 pm Pharmacies & Local Errands 2:30 pm Bible Study-Pastor Mike (CL) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:15 pm JCHS Jeopardy/Trivia (LB) 3:30 pm Breathwork and Stretch (FC) 7:00 pm B-I-N-G-O (HH)	**19** 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 12:00 pm Trip to New Jersey Symphony 2:00 pm Pottery with Peter (AR) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Balance & Posture (FC) 4:00 pm Marketing Happy Hour with Dan Furnald (Café Pub) 7:00 pm Lecture with Clint Edwards: Masters of Broadway – Andrew Lloyd Webber (HH)	**20** 9:00 am Wake Up & Stretch (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 12:00 pm Lunch at Chengdu 23, Wayne 1:00 pm Personal Training (FC) 2:00 pm Shabbat Eve Service (HH) 2:00 pm Angela Cristini Lecture: Everything you Ever Wanted to Know About Turkeys (AR) 2:30 pm Get to Know Exercise Equip (FC) 3:30 pm Breathwork & Stretching (FC) 7:00 pm Music with Ron Naspo & Bob (HH)	**21** 10:00 am Artist Enclave (AE) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 3:00 pm Lecture with Alexander Clemente: Stoicism 7:00 pm Movie: What's Eating Gilbert Grape (HH)

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 11:15 am Mass with Msgr. O'Connor (HH) 1:15 pm Crane's Community Players Rehearsal (LB) 2:00 pm Ecumenical Communion Service with Pastor Boyle (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: Four Weddings and a Funeral (HH)	**23** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Crane's Mill Chorus Rehearsal (HH) 11:00 am Trip to Wegmans 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Art of the Masters Lecture with Matt Chelel (HH) 2:30 pm Core and Cardio (FC) 3:30 pm Balance & Coordination (FC) 7:00 pm Women's Chorus Rehearsal (HH) 7:00 pm Crane's Community Players Rehearsal (LB) 7:00 pm Movie: Resident's Choice (AR)	**24** 9:00 am Cardio with a Purpose (FC) 10:15 am Training for the Brain (FC) 10:30 am Coffee with Pastor Mike (CL) 11:30 am Balance & Coordination (FC) 12:30 pm Rock Steady Boxing (FC) 1:00 pm Tech Support with Ginny 1st Floor Creekside Lounge 1:30 pm The Chaplain's Pick Movie Matinee (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Lets Take a Walk Inside (TS) 7:00 pm Reeds Rhythm Rehearsal (HH)	**25** 9:00 am Wake Up and Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Rosary (CL) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:15 pm Banks (local) 2:00 pm Thanksgiving Eve Service with Pastor Mike (CL) 2:15 pm Pharmacies & Local Errands 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 7:00 pm B-I-N-G-O (HH)	**26** An Early Thanksgiving Dinner is Available Plus Box Lunches 7:00 pm Movie: Ordinary People (HH) 	**27** 9:00 am Wake Up & Stretch (FC) 10:00 am Let's Take a Walk Inside (TS) 10:00 am Trip to Montclair Art Museum and Lunch at Mandara's in West Caldwell 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Shabbat Eve Service (HH) 2:30 pm Get to Know Exercise Equip (FC) 3:30 pm Breathwork & Stretching (FC) 6:30 pm Karaoke with Kiera (HH) 7:00 pm Crane's Community Players Rehearsal (LB) 7:30 pm Movie: The Good Earth (HH)	**28** 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 12:00 pm Paper Mill Playhouse: Mary Poppins – Ticket Holders Only 7:00 pm Movie: Denial (HH)
29 11:15 am Mass with Msgr. O'Connor (HH) 1:15 pm Crane's Community Players Rehearsal (LB) 2:00 pm Ecumenical Communion Service with Pastor Mike (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: Working Girl (HH)	**30** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Crane's Mill Chorus Rehearsal (HH) 11:00-1:00 Clothing Drive and Hearing Aid Donations (TS) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:00 pm Current Events with Maria & Tracey (AR) 2:00 pm Short Stories Discussion with Debbie (HH) 2:30 pm Core and Cardio (FC) 3:30 pm Balance & Coordination (FC) 3:45 pm Bible Study with Rabbi Silverstein (AR) 7:00 pm Women's Chorus Rehearsal (HH) 7:00 pm Crane's Community Players Rehearsal (LB) 7:00 pm Movie: Resident's Choice (AR)					

Calendar Key: AR – Activities Room; AS – Art Studio (Syc 1, 2nd floor); CDR – Candleberry Dining Room; CL – Café Lounge; CP – Café Pub; CRL – Creekside Library; FC – Fitness Center; HH – Hinman Hall; LB – Library Towne Square
Program Color Key: Red – Musical Programs; Blue – Trips; Hot Pink – Special | New Programs | Activities; Green – Committee Meetings; Black On-Going Programs; Purple – Learning Lectures; Brown – Movies and Documentaries

Crane's Mill Continuing Care Retirement Community
459 Passaic Avenue, West Caldwell, NJ 07006