August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 2:00 pm Calming Enjoyable Activity (AR) 7:00 pm Movie: Virginia's Run (AR)
2 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Unzaga (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: When the Game Stands Tall (AR)	**3** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:00 pm Recycling Committee (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Beginner Strength and Fitness (FC) 7:00 pm Musician Ed Alstron (HH)	**4** 9:00 am Cardio with a Purpose (FC) 10:00 am Stretch & Posture Reset (FC) 11:30 am Balance & Coordination (FC) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Tech Support with Ginny 1st Floor Creekside Lounge 2:00 pm Floral Design Workshop (Must Register) (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Let's Take a Walk Inside (TS) 7:00 pm Travel Lecture with Paul Rabinowicz – The Lower East Side (HH)	**5** 9:00 am Wake Up and Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Bead Art with Megan (AR) 11:00 am Rosary (CL) 11:00 am Jeopardy (LB) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:15 pm Banks (local) 2:15 pm Pharmacies & Local Errands 2:30 pm Bible Study with Pastor Mike (CL) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 4:00 pm Bereavement Group (AR) 7:00 pm B-I-N-G-O (HH)	**6** 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:00 pm Activities Committee (AR) 1:30 pm Ping Pong or Bocce (FC) 2:15 pm Rock Steady Boxing (FC) 3:15 on Creative Writing with Deb Schapiro (AR) 3:30 pm Posture and Balance (FC) 4:00 pm Happy Hour with Nick Straus Tenor Sax (Café Pub) 7:00 pm Clint Edwards Piano (HH)	**7** 9:00 am Wake Up & Stretch (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am Balance & Coordination (FC) 11:00 am 1st Friday with the Board All Residents Invited (HH) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Shabbat Eve Service (HH) 2:00 pm Nutrition Lecture with Nancy Rapisardi (HH) 2:30 pm Functional Fitness Circuit (FC) 3:30 pm Stretch and Posture (FC) 4:00 pm Olga Pianist (HH) 7:00 pm Movie: Being There (AR)	**8** 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 11:00 am Presentation by Robbie: 250 Years of American Fashion, Music, Sports and Culture (HH) 12:00 pm Full Body Strength (FC) 7:00 pm Movie: An Affair to Remember (AR)
9 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Boyle (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: Fame (AR)	**10** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Matthew Chelel Art of the Masters (HH) 2:30 pm Core and Cardio (FC) 3:30 pm Beginner Strength and Fitness (FC) 3:45 pm Bible Study with Rabbi Silverstein (AR) 7:00 pm Mother and Daughter Duo Denise and Ashley Pettet Evening of Music (HH)	**11** 9:00 am Cardio with a Purpose (FC) 10:00 am Stretch & Posture Reset (FC) 10:30 am Coffee with Pastor Mike (CL) 11:30 am Balance & Coordination (FC) 11:30-1:00 Around the Board with Steve (CL) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Intimate Book Club (LB) 1:00 pm Food Committee (DR) 1:00 pm Tech Support with Ginny 1st Floor Creekside Lounge 2:00 pm Paint and Chill with Rob and Moe 2:15 pm Rock Steady Boxing (FC) 3:30 pm Lets Take a Walk Inside (TS) 7:00 pm Lecture with Clint Edwards (HH)	**12** 8:30 am Men's Breakfast (Café) 9:00 am Wake Up & Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Jeopardy (LB) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:15pm Banks (local) 1:30 pm Welcome Committee (AR) 2:00 pm Lecture: Heather Health Talk "The Power of Sleep" (HH) 2:15 pm Pharmacies & Local Errands 2:30 pm Bible Study with Pastor Mike (CL) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 7:00 pm B-I-N-G-O (HH)	**13** 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 10:45 am Book Club (HH) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:00 pm Activities Committee (AR) 1:30 pm Ping Pong or Bocce (FC) 2:00 pm Current Events with Paul Rabinowicz (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Balance & Posture (FC) 3:30 pm Mobil Eyez (TS) 4:00 pm Marketing Happy Hour Dan Furnald (Café Pub) 7:00 pm Mark Miklos Country Music (HH)	**14** 9:00 am Stretch and Mobility (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am Balance & Coordination (FC) 11:00 am Pottery with Peter (AR) 11:30 am Pickleball (FC) 12:00 pm Yanni's Greek Tavern 1:00 pm Personal Training Must Sign-up with John (FC) 2:00 pm Shabbat Eve Service (HH) 2:30 pm Functional Fitness Circuit (FC) 3:30 pm Stretch and Posture (FC) 7:00 pm Movie: All About Eve (AR)	**15** 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 3:30 pm Alex Clemente Lecture: The Significance of Socrates (HH) 7:00 pm Movie: Hancock (AR)

Calendar Key: AR – Activities Room; AS – Art Studio (Syc 1, 2nd floor); CDR – Candleberry Dining Room; CL – Café Lounge; CP – Café Pub; CRL – Creekside Library; FC – Fitness Center; HH – Hinman Hall; LB – Library Towne Square

Program Color Key: Red – Musical Programs; Blue – Trips; Hot Pink – Special | New Programs | Activities; Green – Committee Meetings; Black On-Going Programs; Purple – Learning Lectures; Brown – Movies and Documentaries

Crane's Mill Continuing Care Retirement Community
459 Passaic Avenue, West Caldwell, NJ 07006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Unzaga (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: The Bells of St. Marys (AR)	**17** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Paint & Chill with Rob and Moe (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Beginner Strength and Fitness (FC) 7:00 pm Movie: Resident's Choice (AR)	**18** 9:00 am Cardio with a Purpose (FC) 10:00 am Stretch & Posture Reset (FC) 11:30 am Balance & Coordination (FC) 11:00 pm Building Committee (DR) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Town Hall Meeting (HH) 1:00 pm Tech Support with Ginny 1st Floor Creekside Lounge 2:00 pm Current Events with Tracey and Maria (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Lets Take a Walk Inside (TS) 7:00 pm AJ Freeman (HH)	**19** 9:00 am Wake Up & Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Rosary (CL) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:15pm Banks (local) 1:30 pm Health Committee (AR) 2:15 pm Pharmacies & Local Errands 2:30 pm Bible Study with Pastor Mike (CL) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 7:00 pm B-I-N-G-O (HH)	**20** 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:00 pm Landscape Committee (AR) 1:30 pm Ping Pong or Bocce (FC) 2:15 pm Rock Steady Boxing (FC) 3:00 pm Ice Crem Socia hosted by Spiri Care (TS) 3:30 pm Balance & Posture (FC) 4:00 pm Happy Hour with Tom Catucci (Café Pub) 7:00 pm Movie: Resident's Choice (AR)	**21** 9:00 am Stretch and Mobility (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am Balance & Coordination (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training Must Sign-up with John (FC) 2:00 pm Shabbat Eve Service (HH) 2:30 pm Functional Fitness Circuit (FC) 3:00 pm Matt Plays the Saxophone (HH) 3:30 pm Stretch and Posture (FC) 7:00 pm Movie: The Sorcerer's Apprentice (AR)	**22** 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 7:00 pm Movie: Tears of the Sun (AR)
23 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Boyle (HH) 3:00 pm Legacy Lounge (LB) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: Julie & Julia (AR)	**24** 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Lecture with Matt Chalel (HH) 2:30 pm Core and Cardio (FC) 3:30 pm Beginner Strength and Fitness (FC) 3:45 pm Bible Study with Rabbi Silverstein (AR) 6:30 pm Karaoke with Kiera (HH)	**25** 9:00 am Cardio with a Purpose (FC) 10:00 pm Stretch & Posture Reset (FC) 11:30 am Balance & Coordination (FC) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Tech Support with Ginny (1st Floor Creekside Lounge) 2:00 pm The Chaplain's Pick Movie Matinee (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Let's Take a Walk Inside (TS) 7:00 pm Movie: Resident's Choice (AR)	**26** 9:00 am Wake Up & Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:15 pm Banks (local) 2:00 pm "The Talk" with Adult Children (HH) 2:15 pm Pharmacies & Local Errands 2:30 pm Bible Study with Pastor Mike (CL) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 7:00 pm B-I-N-G-O (HH)	**27** 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:30 pm Ping Pong or Bocce (FC) 2:00 pm Author Will Lukarg (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Balance & Posture (FC) 4:00 pm Happy Hour Kelly Carpenter (Café Pub) 7:00 pm Mike Lyon (HH)	**28** 9:00 am Stretch and Mobility (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am Balance & Coordination (FC) 11:30 am Pickleball (FC) 12:00 pm Dough – American-Fried Pizza 1:00 pm Personal Training Must Sign-up with John (FC) 2:00 pm Shabbat Eve Service (HH) 2:30 pm Functional Fitness Circuit (FC) 3:30 pm Stretch and Posture 7:00 pm Efrat the Violinist (HH)	**29** 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 3:30 pm Alex Clemente Lecture: The Yellow Brick Road to Populism: L. Frank Baum & the Birth of the American Fairy Tale (HH) 7:00 pm Movie: The Hunger Games: Catching Fire (AR)
30 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Mike (HH) 3:00-3:30 Free Piano Lessons with Sheryll Perez (HH) 3:00 pm Legacy Lounge (LB) 7:00 pm Movie: Wonder Woman (AR)	**31** 9:00 am Wake Up & Stretch (FC) 10:15 am Full Body Strength (FC) 11:00 am Aqua Fitness (FC) 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 2:00 pm Matt Chalel (HH) 2:30 pm Core and Cardio (FC) 3:30 pm Beginner Strength and Fitness (FC) 6:30 pm Karaoke with Kiera (HH)					

Birthdays in August

Connie Lippincott	8/8
Patricia Chattman	8/9
Andy Gottesman	8/9
Corinnne Driver	8/20
Josie Harmon-Harris	8/21
Lena Contey	8/24
Carol Saarela	8/25
Toby Schreiber	8/26
Mona Berger	8/30

Beauty Salon	973-276-3038
Gift Box	973-276-7895
Candleberry Dining Room	973-276-3078
Heartwood Café	973-276-6908