


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:00 am Wake Up and Stretch (FC) 10:00 am Let's Take a Walk Inside (TS) 10:45 am The Zimmerli Art Museum at Rutgers University and Lunch at Old Man Rafferty's 11:30 am Pickleball (FC) 1:00 pm Personal Training (Must Register) (FC) 2:00 pm Shabbat Eve Service (HH) 3:30 pm Strength and Posture (F) 7:00 pm Movie: Fried Green Tomatoes	<b>2</b> 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 11:00 am Glamour Girls from Caldwell University- Free Manicures (TS) 12:00 pm Full Body Strength (FC) 6:30 pm Kentucky Derby on the Big Screen (HH)
<b>3</b> 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Boyle (HH) 3:00 pm Legacy Lounge (LB) 3:00-5:00 Free Piano Lessons with Sheryll Perez (HH) 7:00 pm Movie: Secretariat	<b>4</b> 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Chorus Rehearsal (HH) 11:00 am Aqua Fitness (FC) 12:00-3:00 Walking the Reservoir at Turtle Back Zoo and Lunch at McLoone's 1:00 pm Personal Training (FC) 2:00 pm Horticulture with Sarah (HH) 2:30 pm Balance and Coordination (FC) 3:30 pm Move and Breathe (FC) 7:00 pm Women's Song Chorus Rehearsal (HH)	<b>5</b> 9:00 am Cardio with a Purpose (FC) 10:00 am Movement Assessments (Must Register with John) (FC) 11:30 am Strength and Stretch / Bocce Ball (FC) 11:30-1:00 Around the Board with Steve (CL) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Intimate Book Club (LB) 1:00 pm Tech Support with Ginny (1st Floor Creekside Lounge) 2:30 pm Cinco de Mayo Celebration and Music with Tom Catucci (PUB) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Let's Take a Walk Inside (FC) 7:00 pm Travel Lecture with Paul Rabinowicz (HH)	<b>6</b> 8:30 am Men's Breakfast (Café) 9:00 am Wake Up and Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Rosary 11:00 am Aqua Fitness and Pickleball (FC) 1:15 pm Banks (local) 1:00 pm Recycle Committee Meeting (AR) 2:00 pm Matthew Chalel-Georgia O'Keeffe (HH) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Bible Study with Pastor Mike (CL) 2:30 pm Core and Cardio (FC) 3:15 pm Key Club Jeopardy (LB) 3:30 pm Breathwork and Stretch (FC) 4:00 pm Bereavement Group (AR) 7:00 pm B-I-N-G-O (HH)	<b>7</b> 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:30 pm Mother's Day Tea (HH) 12:30 pm Rock Steady Boxing (FC) 1:30 pm Ping Pong or Bocce (FC) 3:00 pm Creative Writing with Deb Shapiro 2:15 pm Rock Steady Boxing (FC) 3:30 pm Posture and Balance (FC) 4:00 pm Happy Hour with Joe Ferrara (BYOB) (Café Bar) 6:30-7:30 Karaoke Night with Keira (HH)	<b>8</b> 9:00 am Wake Up & Stretch (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am Pickleball (FC) 11:30 am Lunch Trip Rusillos Restaurant 1:00 pm Personal Training (FC) 2:00 pm Shabbat Eve Service (HH) Rabbi Silverstein 3:30 pm Stretch and Posture (FC) 7:00 pm Music with Sammy(HH)	<b>9</b> 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 2:00 pm Music with Kelly Carpenter (HH) 3:45 pm Clint Edwards Piano (HH) 7:00 pm Movie: Tootsie

Calendar Key: AR – Activities Room; AS – Art Studio (Syc 1, 2<sup>nd</sup> floor); CDR – Candleberry Dining Room; CL – Café Lounge; CP – Café Pub; CRL – Creekside Library; FC – Fitness Center; HH – Hinman Hall; LB – Library Towne Square  
 Program Color Key: Red – Musical Programs; Blue Trips; Hot Pink - Special | New Programs; Green Committee Meetings; Black On-Going Programs; Purple Learning Lectures; Brown Movies and Documentaries

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>MOTHERS DAY 10</b> 11:15 am Mass with Msgr. O'Connor (HH) 11:30 am Mother's Day Brunch Must RSVP with Cafe 2:00 pm Ecumenical Communion Service with Pastor Dunne (HH) 3:00-5:00 Free Piano Lessons with Sheryll Perez (HH) 3:00 pm Legacy Lounge (LB) 7:00 pm Movie: Terms of Endearment	<b>11</b> 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Chorus Rehearsal (HH) 11:00 am New Resident Local Bus Tour Know your Neighborhood with Guide Bobbi Byron 11:00 am Aqua Fitness (FC) 1:00 pm Personal Training (FC) 2:00 pm Exploring National Parks with Chris McCormack (HH) 2:30 pm Stay Steady: Balance and Coordination (FC) 3:30 pm Move and Breathe (FC) 7:00 pm Women's Song Chorus Rehearsal (HH)	<b>12</b> 9:00 am Cardio with a Purpose (FC) 10:00 am Movement Assessments (Must Register with John) (FC) 10:00-12:00 Shredding Event (TS) 11:00 am Trip to Trader Joes 11:30 am Strength/Stretch or Bocce (FC) 11:30 -1:00 Around the Board with Steve (CL) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Food Committee (CDR) 1:00 pm Intimate Book Club (LB) 1:00 pm Tech Support with Ginny 1 <sup>st</sup> floor Creekside Lounge 2:00 pm Alex Clemente - Etruscans Oppressors or Creators of Rome (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Lets Take a Walk Inside (FC) 7:00 pm Chorus Spring Concert (HH)	<b>13</b> 9:00 am Wake Up & Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Rosary (CL) 11:00 am Open Pickleball & Aqua Fitness (FC) 1:15pm Banks (local) 1:00 pm Welcoming Committee (AR) 2:15 pm Pharmacies & Local Errands 2:30 pm Bible Study with Pastor Mike (CL) 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 3:15 pm Jeopardy with the Key Club (HH) 4:00 pm Bereavement Support Group 7:00 pm B-I-N-G-O (HH)	<b>14</b> 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 10:45 am Book Club (HH) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:00 pm Activities Committee (AR) 1:00-3:00 Trip to Grover Cleveland Park 1:30 pm Ping Pong or Bocce (FC) 2:00 pm Pottery w/Peter (AR) 2:00 pm Pianist Olga (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Balance & Posture (FC) 4:00 pm Marketing Happy Hour w/Dan Furnal (CL) 7:00 pm Movie: Catch Me If You Can	<b>15</b> 9:00 am Stretch and Mobility (FC) 10:00 am Let's Take a Walk Inside (TS) 11:30 am Pickleball (FC) 11:00 am NJSO Representative Julia Escueta for Subscriptions or Current Subscribers (TS) 1:00 pm Presby Iris Gardens & Applegate Farms 1:00 pm Personal Training (Must Sign-up with John) (FC) 2:00 pm Shabbat Eve Service (HH) 3:30 pm Stretch and Posture (FC) 7:00 pm Allegro Singers (HH)	<b>16</b> 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 7:00 pm Movie: Ordinary People
<b>17</b> 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Unzaga (HH) 3:00-5:00 Free Piano Lessons with Sheryll Perez (HH) 3:00 pm Legacy Lounge (LB) 3:30 pm Paint and Sip with Local Artist Rob Ruiz BYOB (AR) 7:00 pm Movie: Shrek	<b>18</b> 9:00 am Wake Up and Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Chorus Rehearsal (HH) 11:00 am Aqua Fitness (FC) 1:00 pm Personal Training (FC) 2:00 pm Princeton University Marching Band (HH) 2:30 pm Balance and Coordination (FC) 3:30 pm Move and Breathe (FC) 3:45 pm Bible Study with Rabbi Silverstein (AR) 7:00 pm Woman's Song Chorus Rehearsal(HH)	<b>19</b> 9:00 am Cardio with a Purpose (FC) 10:00 pm Movement Assessments (Must Register with John) (FC) 10:00-2:00 Healthy Italia (TS) 11:30 am Strength/Stretch or Bocce (FC) 11:30 am Trip to Wal-Mart 11:00 am Building Committee (HH) 11:30-1:00 Around the Board w Steve (CL) 12:30 pm Rocksteady Boxing (FC) 1:00 pm Town Hall Meeting (HH) Residents Meeting Immediately Following to Elect New Board Members (HH) 1:00 pm Tech Support with Ginny (1 <sup>st</sup> Floor Creekside Lounge) 2:00 pm Guided Meditation with Anna (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Let's Take a Walk Inside (FC) 7:00 pm Dance with Kelly and Jacob (HH)	<b>20</b> 9:00 am Wake Up & Stretch (FC) 9:30 am Shop Rite 10:15 am Strength for Daily Living (FC) 10:30 am Shop Rite 11:00 am Rosary (CL) 11:00 am Open Pickleball & Aqua Fitness (FC) 11:30 am Health Committee (AR) 1:15 pm Banks (local) 2:30 pm Bible Study w/Pastor Mike (CL) 2:15 pm Pharmacies & Local Errands 2:30-3:30 Beginner's Spanish Class (AR) 2:30 pm Core and Cardio (FC) 3:30 pm Breathwork and Stretch (FC) 7:00 pm B-I-N-G-O (HH)	<b>21</b> 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:30 pm Ping Pong or Bocce (FC) 1:00 pm Landscape Committee (AR) 1:00-2:00 Dr Shah Health Lecture (HH) 2:15 pm Rock Steady Boxing (FC) 3:30 pm Mobil Eyz Presentation (HH) 3:30 pm Balance & Posture (FC) 4:00 pm Happy Hour Ron Naspo (PUB) 7:00 pm 1776: Behind the Scenes Performance and Talk with the Actors (HH)	<b>22</b> 9:00 am Stretch and Mobility (FC) 10:00 am Let's Take a Walk Inside (TS) 11:00 am Trip to Wegmans 11:30 am Pickleball (FC) 1:00 pm Personal Training (Must Sign-up with John) (FC) 2:00 pm Shabbat Eve Service (HH) 3:00 pm Clint Edwards Exploring Classical Broadway 3:30 pm Stretch and Posture 7:00 pm AJ Freeman Music Performance	<b>23</b> 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 2:00 pm Alex Clemente from Troy to Tiber: Virgil's Epic and the Construction of Augustan Identity 4:00 pm Golden Karaoke (HH) 7:00 pm Movie: The Sixth Sense
<b>24</b> 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Boyle (HH) 3:00-5:00 Free Piano Lessons (HH) 3:00 pm Legacy Lounge (LB) 7:00 pm Movie: 1776 (HH)	<b>MEMORIAL DAY 25</b> 9:00 am Wake Up & Stretch (FC) 10:15 am Full Body Strength (FC) 10:15 am Chorus Rehearsal (HH) 11:00 am Aqua Fitness (FC) 11:30 am Memorial Day BBQ 1:00 pm Personal Training with John (FC) 2:00 pm Patriotic Music with Sammy (HH) 2:30 pm Balance and Coordination (FC) 3:30 pm Move and Breathe (FC) 7:00 pm Woman's Song Chorus Rehearsal (HH)	<b>26</b> 9:00 am Cardio with a Purpose (FC) 10:00 pm Movement Assessments (Must Register with John) (FC) 11:30 am Strength/Stretch or Bocce (FC) 11:30-1:00 Around the Board with Steve (CL) 12:30 pm Rock Steady Boxing (FC) 11:30-1:00 Chess in a Nutshell (CL) 1:00 pm Tech Support with Ginny (1 <sup>st</sup> Floor Creekside Lounge) 2:15 pm Rocksteady Boxing (FC) 3:30 pm Let's Take a Walk Inside (FC) 7:00 pm Reeds Rhythm & Brass (HH)	<b>27</b> 9:00-11:00 Cougar Techie's (TS) 9:00 am Wake Up & Stretch (FC) 9:30 am Shop Rite 10:30 am Shop Rite 10:15 am Strength for Daily Living 11:00 am Open Pickleball and Aqua Fitness (FC) 1:15 pm Banks (local) 2:00pm Janet Cohen Mandel(HH) 2:30 pm Bible Study w/Pastor Mike (CL) 2:30 pm Core & Cardio (FC) 2:30-3:30 Beginner's Spanish Class (AR) 3:15 pm JEAPARDY with the Key Club (LB) 3:30 pm Breathwork & Stretch (FC) 7:00 pm B-I-N-G-O (HH)	<b>28</b> 9:00 am Cardio with a Purpose (FC) 10:00 am Needlework (QR) 10:15 am Training for the Brain (FC) 11:30 am Strength and Stretch (FC) 12:30 pm Rock Steady Boxing (FC) 1:30 pm Ping Pong or Bocce (FC) 2:15 pm Rock Steady Boxing (FC) 2:00 pm Current Events with Paul Rabinowicz (HH) 3:30 pm Balance & Posture (FC) 4:00 pm Happy Hour with Kelly Carpenter (PUB) 7:00 pm Movie: Forrest Gump	<b>29</b> 9:00 am Stretch and Mobility (FC) 9:00 am Clothing Drive Donation Pick Up 10:00 am Let's Take a Walk Inside (TS) 11:00 am Trip to American Dream Mall 11:30 am Pickleball (FC) 1:00 pm Personal Training (FC) 1:00-4:00 AARP Driving Course (HH) Must Pre-Register 2:00 pm Shabbat Eve Service (HH) 3:30 pm Stretch and Posture 4:00-6:00 Koether Art Gallery Livingston Art Association Reception 7:00 pm Movie: Moonstruck	<b>30</b> 9:30 am Tai Chi (ER) 10:00 am Artist Enclave (AR) 10:45 am Cardio with a Purpose (FC) 12:00 pm Full Body Strength (FC) 1:00-4:00 AARP Driving Course (HH) Must Pre-Register 7:00 pm Movie: Casino
<b>31</b> 11:15 am Mass with Msgr. O'Connor (HH) 2:00 pm Ecumenical Communion Service with Pastor Boyle (HH) 3:00-5:00 Free Piano Lessons (HH) 3:00 pm Legacy Lounge (LB) 7:00 pm Movie: Beaches (HH)						