ALL ACTIVITIES ARE HELD IN THE UNIT`S DAY ROOM, UNLESS OTHERWISE NOTED

December 2022

Crane`s Mill Skilled Nursing Unit Calendar of Events.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALL TOSS 2:00 **RELIGIOUS SERVICE** **WITH PASTOR FREDERICK BOYLE** 3:30 CHRISTMAS MOVIE 4:00 TV HOUR	**2** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BEAN BAG TOSS 2:00 **CHRISTMAS TREE LIGHTING** **CAROLING/HOT CHOCOLATE SOCIAL** 4:00 TV HOUR	**3** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 RING TOSS 2:00 **CAROLING & ACTIVITY** **WITH C.O.J.C.O.L.D.S.** 3:30 CRAFTS CONTINUE 4:00 TV HOUR
4 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALL TOSS 1:30 **NAILS & HAND MASSAGES** 3:30 MAZE CHALLENGE 4:00 TV HOUR	**5** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALLOON VOLLEYBALL 2:00 **RESIDENT COUNCIL** 3:00 SOCIAL GATHERING 3:30 **HORSE RACING FUN** 4:00 TV HOUR	**6** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 KICK BALL 2:00 **BOWLING CHALLENGE** 3:30 REFRESHMENTS 4:00 TV HOUR	**7** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 RING TOSS 2:00 **CANDY CANE BINGO** 3:30 MUSIC HOUR 4:00 TV HOUR	**8** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BASKETBALL 2:00 **CREATIVE ARTS** **WITH PAPER TRAIL** 3:30 NAME THAT TUNE 4:00 TV HOUR	**9** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BEAN BAG TOSS 2:00 **WORD GAME** 3:00 **HOLIDAY MOODS** **WITH LOVEBOMB** 3:30 SOCIAL HOUR 4:00 TV HOUR	**10** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 FUN WITH WEIGHTS 2:00 **CRAFT: NEWSPRINT MITTEN GARLAND** 3:30 SATURDAY MELODIES 4:00 TV HOUR
11 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALL TOSS 2:00 **CHRISTMAS CAROLING** **WITH REV. MARTIAN** 3:30 SOCIAL HOUR 4:00 TV HOUR	**12** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 MOVING & GROOVING 2:00 **GINGERBREAD HOUSE DECORATING CONTEST** 3:30 SOCIAL HOUR 4:00 TV HOUR	**13** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALLOON TENNIS 2:00 **ACTIVITY PLANNING MENU COMMITTEE** 3:30 TABLE GAMES 4:00 TV HOUR	**14** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 **FLORAL ARRANGEMENTS** **WITH ESSEX FELL** 2:00 **MUSICAL BINGO** 3:30 HAPPY HOUR 4:00 TV HOUR	**15** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 FUN WITH WEIGHTS 2:00 **CARDS MAKING** 3:30 HOLIDAY MUSIC 4:00 TV HOUR	**16** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALL TOSS 2:00 **GINGERBREAD HOUSE PARTY** **WITH MARK DACEY** 3:30 SOCIAL HOUR 4:00 TV HOUR	**17** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 FITTER-CISE 2:00 **ADULT COLOR FUN** 3:30 WORD SEARCH PUZZLES 4:00 TV HOUR
18 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 SPIRITUAL REFLECTION 2:00 **HANUKKAH CELEBRATION** **JOHN GEE** 3:30 SOCIAL HOUR Hanukkah Begins	**19** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALLOON VOLLEYBALL 2:00 **SANTA HUNTING** 3:30 MERRY MAKING 4:00 TV HOUR	**20** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 CHAIR DANCING 2:00 **CHRISTMAS BINGO** 3:30 SOCIAL HOUR 4:00 TV HOUR	**21** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 MOVING WITH WEIGHTS 12:00 **PIANO RENDITION** **WITH CLINT EDWARDS** 2:00 **CHRISTMAS CRAFTS** 3:30 MUSIC HOUR 4:00 TV HOUR Winter Begins	**22** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALL TOSS 2:00 **MUSICAL PERFORMANCE** **WITH JAMES CALDWELL HIGH SCHOOL** 3:30 HAPPY HOUR 4:00 TV HOUR	**23** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 **SHOOT THE REINDEER** 2:00 **CHRISTMAS PARTY** **WITH HUNTER HAYES** 3:30 SOCIAL HOUR 4:00 TV HOUR	**24** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 SANTA MOVES 2:00 **CHRISTMAS MOVIE** 3:30 SOCIAL HOUR 4:00 TV HOUR
25 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 STRETCHING FITNESS 2:00 **CHRISTMAS SOCIAL** 3:30 MOVIE HOUR 4:00 TV HOUR Christmas	**26** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 FUN & FITNESS 2:00 **KWANZAA PARTY SNU** **WITH EXODUS SUPREME** 3:30 SOCIAL HOUR 4:00 TV HOUR Boxing Day (Canada) Kwanzaa Begins	**27** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 DEEP BREATHING & MOVES 2:00 **ARTS & CRAFTS** 3:30 TABLE GAMES 4:00 TV HOUR	**28** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BALL TOSS 2:00 **HOLIDAY BINGO** 3:30 HAPPY HOUR 4:00 TV HOUR	**29** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BASKETBALL FUN 2:00 **BASKETBALL FUN** 3:30 WORD GAMES 4:00 TV HOUR	**30** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 BEANBAG TOSS 2:00 **BIRTHDAY PARTY** **WITH KEVIN CURRY** 3:30 SOCIAL HOUR 4:00 TV HOUR	**31** 10:00 GREET & ORIENTATION 10:30 MORNING EXERCISE 11:00 NOODLE FITNESS 11:30 SATURDAY MOVES 2:00 **NEW YEAR`S EVE PARTY** **WITH JOHN D`AMATO** 3:30 SOCIAL HOUR 4:00 TV HOUR New Year's Eve

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