



Sunday 8/14

Monday 8/15

Tuesday 8/16

Wednesday 8/17

Thursday 8/18

Friday 8/19

Saturday 8/20

BRUNCH:

*Bagel & Lox or
Fruit Plate*

*Breakfast Served Daily
In Heartwood Cafe.*

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Soup of the Day:

Pineapple Gazpacho (V)
Nutella French Toast
Poached Salmon Filet
Sautéed Green Beans
Balsamic Pasta Salad
Bacon
Pork Sausage
Omelet Selection
Breakfast Potatoes
Persian Love Cake

Soup of the Day:

Beef Barley
Cali Turkey Burger
Corned Beef Sloppy Joe
Succotash
Parmesan Steak Fries
Double Chocolate
Cookie

Soup of the Day:

Carrot Bisque with
Tarragon (V)
Roasted Pork Loin
Chicken Salad with
Bacon & Ranch
Baby Carrots
Roasted Potato Wedges
Banana Cake

Soup of the Day:

Chick Pea & Tomato (V)
Brie, Fig, and Arugula
Grilled Cheese (V)
Roast Beef on Kaiser
Braised Leeks
Orzo
Pound Cake with Berries

Soup of the Day:

Chicken Vegetable with
Rice
Roasted Cod Loin
Chicken Salad Plate
Lemon Broccoli
Rice Pilaf
Gelatin Parfait

Soup of the Day:

Spring Pea (V)
Cheese Ravioli
Avocado BLT
Roasted Eggplant
Herbed Focaccia
Blueberry Cobbler

Soup of the Day:

Spinach Egg Drop
Herb Roasted Chicken
Ham and Brie Baguette
Green Beans
Farro Salad
Boston Cream Pie

**Please visit the
Heartwood Café
for "Take Home"**

Beef Barley

Shrimp Stir Fry
Pineapple Rotisserie
Chicken Carvery ♡

Sesame Broccoli
Jasmine Rice

Almond Chiffon Cake
NSA-Almond Cake

**Carrot Bisque with
Tarragon (V)**

**Sliced Turkey with
Classic Brioche Stuffing**
Tortellini Alfredo ♡

Spring Peas
Garlic Mashed Potatoes

**Frangelico Hazelnut
Mousse**
NSA- Chocolate Mousse

Chick Pea & Tomato (V)
or
Shaved Fennel and
Orange Salad

Italian Meatballs
Veggie Lasagna (V) ♡

Zucchini & Tomatoes
Spaghetti Marinara

Homemade Ice Cream
NSA- Ice Cream

Chicken Vegetable with Rice
or
Tomato Cucumber Salad

**Crispy Coconut Chicken
Strips**
"The Mill Burger" ♡

Corn on the Cob
Sweet Potato Fries

Strawberry Shortcake
Eclair
NSA-Eclair

Spring Pea (V)
or
Caesar Salad

**Apple Glazed
Grilled Pork Chops** ♡
Catch of Day

Red Cabbage & Fennel
Mushroom Risotto

Hummingbird Cake
NSA- Pineapple Cake

Spinach Egg Drop
or
Southwest Black Bean Salad

**Asparagus and Mushroom
Quiche (V)** ♡
Balsamic Chicken with
Orange and Grilled Radicchio

**Arugula Salad with
Raspberry Vinaigrette**
Yukon Gold Potatoes with
Shallots

Chocolate PB Brownie
NSA- Chocolate Cake

Weekly Vegetarian Entrée:
Greek Tortellini Salad (V)

It is Our Pleasure to Serve You

Menu Items with "♡" are prepared with No Salt Added



Nutritious Food, Expert Management, Superior Service