

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 <b>GOOD FRIDAY</b>	3
				9:30AM-Chair Active(CH) (ER) 10:30AM-Chair Active (ER) 1PM- Hot Cross Buns 1PM-4PM-Open Gym & Pool 1:30PM-Tedx Talks (H) <i>(Limited to 15 Sign Up Required)</i> 2:00PM-Chair Zen Stretch (ER) 2:30PM-Egg Hunt Walk (TS) 7:00PM-Vocalist Peter Lieberman (H)	9:00AM-Chair Zen Stretch (ER) 11:00AM-Virtual Balance & Posture with Lynn (Zoom) 1PM-4PM Open Gym & Pool 1:00PM-Chair Active (ER) 2:30PM-Good Friday Service (H) 2:00PM-Chair Zen Stretch (ER) 7PM-Movie: "Easter Parade" (H)	11:00AM-Stretch & Strengthen Class (Zoom)  2PM & 7PM-Movie Night "The Benny Goodman Story" (H)
4 <b>EASTER</b>	5	6	7	8	9	10
10:45AM Morning Prayer Service with Father O'Connor (H)  2:00PM Ecumenical Prayer Service with Pastor Nancy (Zoom/Phone)  7:00PM- Movie: "My Big Fat Greek Wedding" (H)	9:00AM-Chair Zen Stretch (ER) 10:30AM & 1:30PM- Movie: "From the Rough" (H) 11AM-Morning Meditation (Zoom) 11:00AM- Walk (TS) 1:00PM-Chair Active (ER) 1PM-4PM-Open Gym & Pool 2:00PM-Chair Active (ER) 3:00PM-Chair Zen Stretch (ER) 7PM-Movie: "Driving Miss Daisy" (H)	9:00AM-12PM-Open Gym & Pool 9:30AM-Bereavement Support Group (Z) 9:30AM-Chair Active (ER) 10:30AM & 2PM-Chair Zen Stretch (ER) 11AM-Virtual Yoga Class with Lynn (Zoom) 1:00PM-4PM-Open Gym & Pool 2:30PM-Lecture: "Viking Gods & Myths" 3:00PM-Chair Active (ER) 3:30PM-Open Play: Table Tennis (H) 7PM- Caregiver Support Group (Zoom) 7PM- Saxophone & Piano Concert (Zoom)	9AM & 10AM-Chair Zen Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM- Bocce Ball (Bocce Court) 12:00PM-Volunteer's Cupcake Hour (H) 1:00PM & 2PM-Chair Active (ER) 1PM-4PM-Open Gym & Pool 1:15PM-Banks 1:30PM Video: "Carol Burnett Show" (H) 2:15PM-Banks/ Pharmacy 3:00PM- Walk (TS) 7PM-Lecture: "Our American West and Heritage" (Zoom)	9:30AM-Chair Active(CH) (ER) 10:30AM-Chair Active (ER) 11:00AM-Morning Brain Games (H) 1PM-Empanada Day <i>(delivered to your door)</i> 1PM-4PM-Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 2:30PM-Coffee Klatch with Marina (Patio) 7PM Classical Clarinet Concert (Zoom)	9:00AM-Chair Zen Stretch (ER) 10:00AM-Trip to Trader Joe's 11:00AM-Virtual Balance & Posture with Lynn (Zoom) 1PM-4PM Open Gym & Pool 1:00PM-Chair Active (ER) 1:00PM-Trip to Home Goods 2:00PM-Chair Zen Stretch (ER) 2:30PM Video: "Comedy Hour" (H) 7PM-Movie: "Same Time, Next Year" (H)	9:30AM-Outdoor Tai Chi (Outdoor Tent)  11:00AM-Stretch & Strengthen Class (Zoom)  2PM & 7PM-Movie Night "4 Minute Mile" (H)
11	12	13	14	15	16	17
10:45AM Morning Prayer Service with Father O'Connor (H)  2:00PM Ecumenical Prayer Service with Pastor Nancy (H)  7:00PM-Movie: "On a Clear Day You Can See Forever" (H)	9:00AM-Chair Zen Stretch (ER) 10:30AM- Movie: "Lion" (H) 11:00AM April Gardening Project <i>(Sign Up Required, be delivered to your door)</i> 11:00AM- Walk (TS) 1:00PM-Chair Active (ER) 1PM-4PM-Open Gym & Pool 1:30PM-Art Lecture: "Tempestuous Beauty" (Zoom) 2:00PM-Chair Active (ER) 3:00PM-Chair Zen Stretch (ER) 7PM-Documentary: "Farmageddon"(H)	9:30AM-Chair Active (ER) 10:30AM-Chair Zen Stretch (ER) 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 1:00PM-4PM-Open Gym & Pool 1:30PM-Drama Club (DR) 2:00PM-Chair Zen Stretch (ER) 2:30PM-Spring What's Baking with Claudia (H) 3:00PM-Chair Active (ER) 3:30PM-Open Play: Table Tennis (H) 7PM-Piano and Cello Concert (Zoom)	9AM & 10AM-Chair Zen Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM- Bocce Ball (Bocce Court) 11AM-Activities Comm. Meeting (H) 1:00PM & 2:00PM-Chair Active (ER) 1PM-4PM-Open Gym & Pool 1:15PM-Banks 1:30PM-Food Committee (Library) 2PM Bible Study with Pastor (H) 2:15PM-Banks/ Pharmacy 3PM-Health Presentation: "Problems Falling Asleep & Staying Asleep" (Zoom) 3:00PM- Walk (TS) 7:00PM-Movie: "Abbott & Costello" (H)	9:30AM-Chair Active(CH) (ER) 10:30AM-Chair Active (ER) 11:00AM-Morning Brain Games (H) <i>(Limited to 15 Sign Up Required)</i> 1PM-4PM-Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 2:30PM-Current Events (Zoom) 7PM-Presentation on: The Oscars Fashion History of The Academy Awards (Zoom)	9:00AM-Chair Zen Stretch (ER) 10:30AM -Trip to South Mountain Reservoir for an Outdoor Walk 11:00AM-Virtual Balance & Posture with Lynn (Zoom) 1PM-4PM Open Gym & Pool 1:00PM-Chair Active (ER) 1:30PM-Trip to Wal-Mart 2:00PM-Chair Zen Stretch (ER) 2PM: Shabbat Eve Service (H) 7:00PM Pianist Clint Edwards (H)	9:30AM-Outdoor Tai Chi (Outdoor Tent)  11:00AM-Stretch & Strengthen Class (Zoom)  2PM & 7PM-Movie Night "The Peanut Butter Falcon" (H)
18	19 <b>CRUISE WEEK</b>	20 <b>CRUISE WEEK</b>	21 <b>CRUISE WEEK</b>	22 <b>EARTH DAY</b> <b>CRUISE WEEK</b>	23 <b>CRUISE WEEK</b>	24
10:45AM Morning Prayer Service with Father O'Connor (H)  2:00PM Ecumenical Prayer Service with Pastor Nancy (H)  7:00PM- Movie: "Enchantment" (H)	9:00AM-Chair Zen Stretch (ER) 11:00AM- Walk (TS) 11AM-Morning Meditation (Zoom) 1PM-4PM-Open Gym & Pool 2:00PM-Bon Voyage Outdoor Concert from Cozumel Mexico (Gazebo) 2:00PM-Chair Active (ER) 3:00PM-Chair Zen Stretch (ER) 5PM-Take Out Dinner Night The Olive Garden Restaurant <i>(Sign Up with Activities)</i> 7PM-Travelogue:"One Caribbean" (H)	9:30AM-Chair Active (ER) 10:30AM-Chair Zen Stretch (ER) 10:30AM-Building Committee Meeting (HH) 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 11:00AM-GeneralSupport Group (H) 1PM-4PM-Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 2:30PM-Cruise Trivia Game Show from Bahamas (H) 3:00PM-Chair Active (ER) 3:30PM-Open Play: Table Tennis (H) 7:00PM Vocalist George Tuzzieo (Zoom)	9AM & 10AM-Chair Zen Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM- Bocce Ball (Bocce Court) 10:00AM-3PM-Glacier Bay Shopping Day The Village Shops from Juneau, Alaska (H) 1:00PM & 2PM-Chair Active (ER) 1PM-4PM-Open Gym & Pool 1:15PM-Banks 2PM Bible Study with Pastor (Library) 2:15PM-Banks/ Pharmacy 3:00PM- Walk (TS) 7PM-Movie: "Gypsy" (H)	9:30AM-Chair Active(CH) (ER) 10:30AM-Chair Active (ER) 11:00AM-Earth Day Program (H) 1PM-4PM-Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 2:30PM-The Show: "Residents & Staff Talent Show" from Maui, Hawaii (H) 7PM Video: "Earth: One Amazing Day" (H)	9AM & 2PM-Chair Zen Stretch(ER) 9:30AM-Virtual Balance & Posture with Lynn (Zoom) 10:30AM-Towne Hall Meeting with Marina (Zoom/Phone) 10:30AM & 1:30PM- Target & The Dollar Store 1PM-4PM Open Gym & Pool 1:00PM-Chair Active (ER) 3:30PM-Outdoor Captains Night Cocktail Party from The French Riviera (Tent) 7PM-Vocalist Bob Denson (Zoom)	9:30AM-Outdoor Tai Chi (Outdoor Tent)  11:00AM-Stretch & Strengthen Class (Zoom)  2PM & 7PM-Movie Night "Blinded by The Light" (H)
25	26 <b>WEEK OF HOPE</b>	27 <b>WEEK OF HOPE</b>	28 <b>WEEK OF HOPE</b>	29 <b>WEEK OF HOPE</b>	30 <b>WEEK OF HOPE</b>	 <div style="border: 1px solid black; padding: 5px; text-align: center;"> <b>KEY</b>            TS- Towne Square            ER-Exercise Room            Z-Zoom            H- Hinman Hall         </div>
10:45AM Morning Prayer Service with Father O'Connor (H)  2:00PM Ecumenical Prayer Service with Pastor Nancy (H)  7:00PM-Movie: "The Soloist" (H)	9:00AM-Chair Zen Stretch (ER) 10:30AM-Movie: "The Way, Way Back" (H) 1PM-4PM-Open Gym & Pool 2:00PM-Feet In The Streets Walk(TS) 7:00PM-Documentary: "Vanishing of the Bees" (H)	9:30AM-Chair Active (ER) 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 1PM-4PM-Open Gym & Pool 2:00PM-Wall of Hope Opening Ceremony (H) <i>(Sign Up)</i> 3:30PM-Line Dancing Afternoon (H) <i>(Sign Up)</i> 3:30PM-Open Play: Table Tennis (H) 7PM- Classic Movie: "A Patch of Blue" (H)	9AM & 10AM-Chair Zen Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM- Bocce Ball (Bocce Court) 11PM-4PM-Open Gym & Pool 1:15PM-Banks 2PM Bible Study with Pastor (H) 2:00PM-Chair Zen Stretch (ER) 2:15PM-Banks/ Pharmacy 2:30PM- Brain Games (H) <i>(Limited to 15 Sign Up Required)</i> 7:00PM: Special Bingo Night (H) <i>(Sign Up)</i>	9:00AM-Chair Zen Stretch (ER) 11:00AM-Morning Brain Games (H) <i>(Limited to 15 Sign Up Required)</i> 1PM-4PM-Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 2:30PM- Afternoon Arts & Crafts and Chat with Marina (H) <i>(Sign Up Required)</i> 7PM Travelogue: "Scenic Railway of the World" (H)	10AM&1PM-Trip to See The Cherry Blossoms at Branch Brook Park 11:00AM-Virtual Balance & Posture with Lynn (Zoom) 1PM-4PM Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 2PM: Shabbat Eve Service (H) 3:30PM-Wall of Hope Dedication Ceremony (H) <i>(Sign Up)</i> 7PM-Movie: "Aladdin"(H)	

Please note that we will be hosting small group Activities In Hinman Hall. Groups are restricted to a 25 persons Maximum. Sign Up with Activities at 973-276-3012 for any programs that you are interested in that will be held in Hinman Hall. Thank you!