

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; margin: 0;">JANUARY 2021</h1>						NEW YEAR'S DAY 1
3	4	5	6	7	8	9
11:15AM Morning Prayer Service with Father O'Connor (Zoom) 2:00PM Ecumenical Prayer Service with Pastor Nancy (Zoom) 7PM-Movie Night "A Beautiful Mind" (Zoom)	9:00AM-Chair Zen Stretch (ER) 9:30AM-12PM-Open Gym & Pool 11:00AM-Daily Chronicles (Delivered to your door) 11:30AM-Hallway Trivia (1 st Floor Syc. 2) 12:00PM- Walk (TS) 1:00PM-Chair Active (CH) 2:00PM-Chair Active (ER) 2:30PM-Hallway Trivia (2 nd Floor Syc. 2) 3:00PM-Chair Zen Stretch (ER) 7PM- Puzzles (Delivered to your door)	9:00AM-12PM-Open Gym & Pool 9:30AM-Chair Active (ER) 10:30AM-Chair Zen Stretch (ER) 10AM-12PM-Open Gym & Pool 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 11:30AM-Hallway Trivia (1 st Floor Creekside) 12:00PM- Walk (TS) 2:00PM-Chair Zen Stretch (ER) 2:30PM-Current Events (Zoom) 3:30PM-Snow Ball Games (ER) 7:00PM-Vocalist Zack Alexander (Zoom)	9AM & 10AM-Chair Zen Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 9:30AM-12PM-Open Gym & Pool 1:15PM-Banks 1:00PM-Chair Active (ER) 1:30PM- Book on Travel Stories & Banana Chips (Delivered to your door) 2PM Bible Study with Pastor Nancy (Zoom/ Phone) 2:00PM-Chair Active (CH) (ER) 2:15PM-Banks/ Pharmacy 3:00PM- Walk (TS) 7:00PM-Documentary: "The Biggest Little Farm" (Zoom)	9-12PM-Open Gym & Pool 9:30AM-Chair Active (ER) 10:30AM-Chair Zen Stretch (ER) 12:00PM- Walk (TS) 2:00PM-Chair Zen Stretch (ER) 2:30PM-Cappuccino & Biscotti & Chat with Friends on Zoom (Delivered to your door) 3:30PM-Snow Ball Games (ER) 7:00PMSoprano Mix of Classical and Broadway with Dorothy Dobkowski (Zoom)	NEW YEAR'S DAY 1 2PM-Movie: "The Man Who Knew Infinity" (Zoom) 7PM-Pianist Clint Edwards (Zoom) 	2 11:00AM-Stretch & Strengthen Class (Zoom) 7PM-Movie Night "Blinded by The Lights" (Zoom)
10	11	12	13	14	15	16
11:15AM Morning Prayer Service with Father O'Connor (Zoom) 2:00PM Ecumenical Prayer Service with Pastor Nancy (Zoom) 7PM-Movie Night "The Bridges of Madison County" (Zoom)	9:00AM-Chair Zen Stretch (ER) 9:30AM-12PM-Open Gym & Pool 11:00AM January Gardening Project (Sign Up Required, be delivered to your door) 12:00PM- Walk (TS) 1:00PM-Chair Active (CH) 2:00PM-Chair Active (ER) 3:00PM-Chair Zen Stretch (ER) 3:30PM-Hallway Trivia (2 nd Floor Syc. 1) 7PM- Puzzles (Delivered to your door)	9:00AM-12PM-Open Gym & Pool 9:30AM-Chair Active (ER) 10AM-12PM-Open Gym & Pool 10:30AM-Chair Zen Stretch (ER) 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone)  1:30PM-Art Lecture: "Harlem Renaissance" (Zoom) 2:00PM-Chair Zen Stretch (ER) 7:00PM-Classic Movie: "Breakfast at Tiffany's" (Zoom)	9AM & 10AM-Chair Zen Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 9:30AM-12PM-Open Gym & Pool 1:00PM-Chair Active (ER) 1:15PM-Banks 2PM Bible Study with Pastor Nancy (Zoom/ Phone) 2:00PM-Chair Active (CH) (ER) 2:15PM-Banks/ Pharmacy 3:00PM- Walk (TS) 3PM-Health Presentation: "Memory Loss" (Zoom) 7PM-Musical Sing-A-Long (Zoom)	9-12PM-Open Gym & Pool 9:30AM-Chair Active(CH) (ER) 10:30AM-Chair Zen Stretch (ER) 11:30AM-Hallway Bingo (1 st Floor Creekside Library) 12:00PM- Walk (TS) 2:00PM-Chair Zen Stretch (ER) 3:30PM-Snow Ball Games (ER) 7:00PM-Documentary: "Pick of The Litter" (Zoom)	9AM-12PM Open Gym & Pool 9:00AM-Chair Zen Stretch (ER) 11AM-Virtual Balance & Posture with Lynn (Zoom) 1:00PM-Chair Active (ER) 2:00PM-Chair Zen Stretch (ER) 7PM-Pianist Margin Alexander (Zoom)	11:00AM-Stretch & Strengthen Class (Zoom) 7PM-Movie Night "Harriet" (Zoom)
17	MARTIN LUTHER KING, Jr. DAY 18	19	20	21	22	23
11:15AM Morning Prayer Service with Father O'Connor (Zoom) 2:00PM Ecumenical Prayer Service with Pastor Nancy (Zoom) 7PM-Movie Night "Green Book" (Zoom)	MARTIN LUTHER KING, Jr. DAY 18 11AM- Puzzles (Delivered to you) 2PM- Virtual Presentation: "Stories of Travel by Stagecoach & Horse" (Zoom) 7:00PM-Lecture: "Celebrating the Life of Rev. Martin Luther King Jr." (Zoom)	9:30AM-Chair Active (ER) 10:30AM-Chair Zen Stretch (ER) 10:30AM-Building Committee Meeting (HH) 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 12:00PM- Walk (TS) 1:00PM-4PM-Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 3:30PM-Presentation on "New Year, New Healthy You" (Zoom) 7PM-Video: "LaBoheme" (Zoom)	9AM & 10AM-Chair Zen Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 9:30AM-12PM-Open Gym & Pool 1:00PM-Chair Active (ER) 1:15PM-Banks 2PM Bible Study with Pastor Nancy (Zoom/ Phone) 2:00PM-Chair Active (CH) (ER) 2:15PM-Banks/ Pharmacy 3:00PM- Walk (TS) 3PM-Virtual Tea Party & Lecture on "The History of Tea" Zoom (Tea Delivered to your door) 7PM-Musical Sing-A-Long (Zoom)	9:30AM-Chair Active(CH) (ER)  10:30AM-Chair Zen Stretch (ER) 12:00PM- Walk (TS) 1PM-4PM-Open Gym & Pool 2:00PM-Chair Zen Stretch (ER) 2PM Virtual Meet The Author Afternoon Sarajane Giere Book Presentation "My Pilot (A Story of War, Love, and ALS)" (Zoom) 4:00PM- Happy Hour (Delivered to your door) 7PM Travelogue: "Eastern Caribbean" (Zoom)	9:00AM-Chair Zen Stretch (ER) 9:30AM-Virtual Balance & Posture with Lynn (Zoom) 10:30AM-Towne Hall Meeting with Marina (Zoom/Phone) 1PM-4PM Open Gym & Pool 1:00PM-Chair Active (ER) 2:00PM-Chair Zen Stretch (ER) 2PM: Shabbat Eve Service (Z) 7PM-Vocalist Tom Dudley (Zoom)	11:00AM-Stretch & Strengthen Class (Zoom) 7PM-Movie Night "Wonder Woman 1984" (Zoom)
24	25	26	27	28	29	30
11:15AM Morning Prayer Service with Father O'Connor (Zoom) 2:00PM Ecumenical Prayer Service with Pastor Nancy (Zoom) 7PM-Movie "Moonstruck" (Z)	11AM-Daily Chronicles (Delivered to your door) 12:00PM- Walk (TS) 1PM-4PM-Open Gym & Pool 1PM-Afternoon Meditation (Zoom) 5PM-Take Out Dinner Night Applebee' Restaurant (Sign Up with Activities) 7PM- Puzzles (Delivered to your door)	11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 12:00PM- Walk (TS) 1PM-4PM-Open Gym & Pool 2:00PM-Lecture: "Renaissance Humanism" (Zoom) 7PM- Movie: "Fiddler on The Roof" (Zoom)	9:30AM /10:30AM/11:30am-Shop Rite 9:30AM-12PM-Open Gym & Pool 1:15PM-Banks 2PM Bible Study with Pastor Nancy (Zoom/ Phone) 2:15PM-Banks/ Pharmacy 3:00PM- Walk (TS) 7PM-Guitarist Bob Denson (Zoom)	12:00PM- Walk (TS) 1PM-4PM-Open Gym & Pool 1:30PM-Lecture: "Elvis Presley in the Army" (Zoom) 7PM-Documentary: "Forks Over Knives" (Zoom)	11AM-Virtual Balance & Posture with Lynn (Zoom) 1PM-4PM Open Gym & Pool 7PM-Vocalist George Tuzzeo (Zoom)	11:00AM-Stretch & Strengthen Class (Zoom) 7PM-Movie Night "The Peanut Butter Falcon" (Zoom)
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11:15AM Morning Prayer Service with Father O'Connor, ⁽²⁾ 2PM Ecumenical Prayer Service with Pastor Nancy (Zoom)						

