

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 DAYLIGHT SAVING TIME ENDS  10:30AM Catholic Communion Service Outside of Mass (H) (Sign Up Required) 2:00PM Ecumenical Service with Communion (H) (Sign Up Required)	2 9:00AM-Zen Deep Stretch (ER) 10:00AM-Zen Deep Stretch (ER) 10:30AM-Morning Movie-"The Monuments Men"(H) 11AM-Active Adults (beginners) (ER) 1:00PM-Body Sculpt (ER) 1:30PM-Afternoon Movie-"The Monuments Men"(H) 2:00PM-Active Adults (Elite) (ER) 3:00PM-Walking Club (TS) 7PM-Bridge/ Mah Jongg/Poker (H)	3 ELECTION DAY 9:30AM-Chair Exercise (ER) 10:45AM-Bootcamp Tough (ER) 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 1:00PM-Cardio Burn (ER) 2:30PM-What's Baking Afternoon w/ Pastry Chef Claudia (H) 3:00PM-Walking Club (TS) 7:00PM-Movie: "Singin' In The Rain" (H)	4 9:00AM- Zen Deep Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM-Zen Deep Stretch (ER) 11:00AM-Active Adults (beginners) (ER) 1:15PM-Banks 1:00PM-Body Sculpt (ER) 1:00PM: Bible Study with Pastor Nancy (H) (Sign Up) 2:00PM-Presentation on Medicare Part D (H) 2:00PM-Active Adults (Elite) (ER) 2:15PM-Banks/ Pharmacy 3:00PM-Walking Club (TS) 7:00PM-"Patriots of Liberty" (H)	5 9:30AM-Chair Exercise(ER) 10:45AM-Bootcamp Tough (ER) 11:00AM-Rosary (H) (Sign Up Required) 1:00PM-Cardio Burn (ER) 2:00PM-Color The World Orange Day Fitness & Orange Slices (H) 2:00PM-Drama Club (Patio) 7:00PM-Richard Stillman-"From Bop to Beatles"(H)	6 9:30AM-Balance & Posture (Zoom) 10:00AM- Trip to Trader Joe's 11:00AM-Memorial Service (H) 11AM-Active Adults (E) 12:30PM-National Nacho Day (In Towne Square To-Go)  1PM-Body Sculpt (ER) 1:30PM-Trip to Trader Joe's 2PM: Shabbat Eve Service (H) 2PM-Active Adults (beginners)(ER) 3:00PM-Walking Club (TS) 7PM-Pianist Bob Egan (H)	7 9:30AM- Tai Chi 11:00AM-Stretch & Strengthen Class (Zoom) 2PM & 7PM-Movie Night (H) "High Society"
8 10:30AM Catholic Communion Service Outside of Mass (H) (Sign Up Required) 2:00PM Ecumenical Service with Communion (H) (Sign Up Required)	9 9:00AM- Zen Deep Stretch (ER) 10:00AM-Zen Deep Stretch (ER) 10:30AM-Morning Movie-"The Book Thief"(H) 11AM-Active Adults (beginners) (ER) 1:00PM-Body Sculpt (ER) 2:00PM-Greek Yogurt & Fitness Day (H) 3:00PM-Walking Club (TS) 7PM- Bridge/ Mah Jongg/Poker (H) (Sign Up Required) 	10 9:15AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 9:30AM-Chair Exercise (ER) 10:45AM-Bootcamp Tough (ER) 11:00AM Meet The Author Dr. Victor Groisser Book Signing "The Doctor from Brooklyn" (H & Zoom) 1:00PM-Cardio Burn (ER) 1:30PM-Art Lecture: "Johannes Vermeer: His Life and Art" (Zoom/Phone) 3:00PM-Walking Club (TS) 7:00PM Classical Musical Performance By City Winds Trio (H)	11 VETERANS DAY  9:00AM- Zen Deep Stretch (ER) 9:30AM- 21 Gun Salute (TS Main Entrance) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM-Zen Deep Stretch (ER) 11:00AM-Active Adults (beginners) (ER) 1:00PM-Body Sculpt (ER) 1:15PM-Banks 2:00PM-Active Adults (Elite) (ER) 2:15PM-Banks/ Pharmacy 2:30PM-Veterans Day Ceremony (H) 3:00PM-Walking Club (TS) 7PM Patriotic Performance By The Girls Next Door (H)	12 9:30AM-Chair Exercise (ER) 10:45AM-Bootcamp Tough (ER) 1:00PM-Cardio Burn (ER) 2:00PM-Drama Club (Patio) 2:30PM-Jeopardy Game Show Afternoon (H) 7:00PM-Documentary: "America's State Capital" (H)	13 10:00AM-Trip to Target 11AM-Balance & Posture (Zoom) 11AM-Active Adults (E) 1:00PM-Body Sculpt (E) 1:30PM-Trip to Target 2PM-Active Adults (beginners)(ER) 3:00PM-Walking Club (TS) 3:30PM: Virtual Travel Afternoon "Bulgaria" (H) 7PM-Movie Night (H) "The Art of Racing In The Rain"	14 9:30AM- Tai Chi 11:00AM-Stretch & Strengthen Class (Zoom) 2PM & 7PM-Guitarist Bob Denson (H)
15 10:30AM Catholic Communion Service Outside of Mass (H) (Sign Up Required) 2:00PM Ecumenical Service with Communion (H) (Sign Up Required)	16 9:00AM- Zen Deep Stretch (ER) 10:00AM-Zen Deep Stretch (ER) 10:30AM-Morning Movie-"Tootsie"(H) 11AM-Active Adults (beginners) (ER) 11:00AM:November Gardening Project (Sign Up Required, Project will be delivered to your door) 1:00PM-Body Sculpt (ER) 2PM-Bereavement Support Group (H) 2:00PM-Active Adults (Elite) (ER) 3:00PM-Walking Club (TS) 5:00PM-Take Out Dinner Night LaFamiglia Restaurant (Sign Up with Activities) 7PM- Bridge/ Mah Jongg/Poker (H)	17 9:30AM-Chair Exercise (ER) 10:30AM-Building Committee Meeting (Library) 10:45AM-Bootcamp Tough (ER) 11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 1:00PM-Cardio Burn (ER) 1:30PM-Lecture: "History of The Heliocentric Universe": (H) 3:00PM-Walking Club (TS) 7PM-Virtual Broadway Show Tunes Performance (H)	18 9:00AM- Zen Deep Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM-Zen Deep Stretch (ER) 11:00AM-Active Adults (beginners) (ER) 1:00PM-Body Sculpt (ER) 1:15PM-Banks 2:00PM: Bible Study with Pastor Nancy (H) 2:00PM-Active Adults (Elite) (ER) 2:15PM-Banks/ Pharmacy 3:00PM-Walking Club (TS) 3:30PM-Health Presentation: "The Importance of Healthy Skin (H) 7:00PM-Travelogue: "Indian Ocean Islands" (H)	19 9:30AM-Chair Exercise(ER) 10:45AM-Bootcamp Tough (ER) 11:00AM-Rosary (H) (Sign Up Required) 1:00PM-Cardio Burn (ER) 1:30PM-Holiday Wine Basket Raffle (H) 2:00PM-Drama Club (Patio) 4:30PM-Special Happy Hour Hosted by the Marketing Department (Delivered to your door) 7:00PM- Country Music Night (H)	20 10:00AM- Trip to Wal-Mart 10:30AM-Towne Hall Meeting with Marina (Zoom/Phone) 11:30AM-Virtual Balance & Posture with Lynn (Zoom) 1:30PM- Trip to Wal-Mart 2PM: Shabbat Eve Service (H) 3:30PM Ornament Making Class (H) 7PM-Middle Eastern Belly Dance Performance By Sasha (H)	21 9:30AM- Tai Chi 11:00AM-Stretch & Strengthen Class (Zoom) 2PM & 7PM-Movie Night (H) "The Odd Couple"
22 10:30AM Catholic Communion Service Outside of Mass (H) (Sign Up Required) 2:00PM Ecumenical Service with Communion (H) (Sign Up Required)	23 9:00AM- Zen Deep Stretch (ER) 10:00AM-Zen Deep Stretch (ER) 10:30AM & 1:30PM-Morning Movie-"The Bucket List"(H) 11AM-Active Adults (beginners)(ER) 1:00PM- Afternoon Meditation (Zoom/ Phone) 1:00PM-Body Sculpt (ER) 2:00PM-Active Adults (Elite) (ER) 3:00PM-Walking Club (TS) 7PM- Bridge/ Mah Jongg/Poker (H)	24 9:30AM-Chair Exercise (ER) 10:45AM-Bootcamp Tough (ER)  11:00AM-Virtual Yoga Class with Lynn (Zoom/ Phone) 1:00PM-Cardio Burn (ER) 2:30PM-Thanksgiving Service (H) & (Zoom) 3:00PM-Walking Club (TS) 7:00PM-Gordon James-Tin Pan Alley Concert (H)	25 9:00AM- Zen Deep Stretch (ER) 9:30AM /10:30AM/11:30am-Shop Rite 10:00AM-Zen Deep Stretch (ER) 11:00AM-Active Adults (beginners) (ER) 1:00PM-Body Sculpt (ER) 1:15PM-Banks 2:00PM-Fitness Afternoon: Ping Pong (H) 2:15PM-Banks/ Pharmacy 2:30PM-Donuts & Cider Afternoon To-Go (TS) 3:00PM-Walking Club (TBA) 7PM-Sing-A-Long (H)	26 HAPPY THANKSGIVING 12PM-1:30PM: Thanksgiving Day Early Dinner (Delivered to your door)  2:00PM-Movie: "The Van Trapp Family A Life of Music" 7:00PM-Movie: "Pillow Talk" (H)	27 10:00AM-Marshall's & TJ Maxx 11AM-Active Adults (E) 1:00PM-Body Sculpt (ER) 1:30PM-Marshall's & TJ Maxx 2PM-Active Adults (beginners)(E) 3:00PM-Walking Club (TS) 7PM-Virtual Performance by Samantha Duvall (H)	28 9:30AM- Tai Chi 11:00AM-Stretch & Strengthen Class (Zoom) 2PM & 7PM-Movie Night (H) "Crazy Rich Asians"
29 10:30AM Catholic Communion Service Outside of Mass (H) (Sign Up Required) 2:00PM Ecumenical Service with Communion (H) (Sign Up Required)	30 9:00AM- Zen Deep Stretch (ER) 10:00AM-Zen Deep Stretch (ER) 10:30AM & 1:30PM-Morning Movie-"Sherlock Holmes: A Game of Shadows"(H) 11:00AM-Active Adults (beginners)(ER) 1:00PM-Body Sculpt (ER) 2:00PM-Active Adults (Elite) (ER) 3:00PM-Walking Club (TS) 7PM- Bridge/ Mah Jongg/Poker (H)	 <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> KEY TS- Towne Square H- Hinman Hall ER-Exercise Room </div> <p style="text-align: center; margin-top: 10px;">All Activities Require Sign-Up at (973) 276-3012 for all the events that you are interested in</p>				