**AUGUST 2019**

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<th>Sunday</th>
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<th>Tuesday</th>
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**Sunday**
- 3:30PM Sunday Worship Service (H)
- 7:30PM Broadway Hits with Vocalist Richard Stillman (H)
- 9:30AM-Aquatic Fitness at Caldwell Community Center
- 10:00AM-Trip to Waik-Mart
- 10:00AM-Morning Movie: “Instant Family” (H)
- 1PM-Afternoon Dancing (H)
- 2PM-Morning Movie: “Instant Family” (H)
- 7PM-Bridge (CB Lounge)
- 7:30PM-Travelogue: “Peru” (H)

**Monday**
- 6:30PM Stillman (H)
- 10:00AM-Shop Rite
- 10:45AM-Bridge (CB Lounge)
- 1PM-Local Errands
- 2PM-Scrabble (Café)
- 2:30PM-Trivia & Ice Cream Cones Afternoon (H)
- 3:00PM-Drama Club (H)
- 7:30PM-Lecture: “Chivalry and The Knight’s Code” Speaker: Alexander Clemente (H)

**Tuesday**
- 10:00AM-Stretch & Strengthen (H)
- 10:00AM-Local Errands
- 12:30PM-Mah Jongg (CB Lounge)
- 1:00PM-Scrabble (Café)
- 2:30PM-Local Errands & Extended
- 7:30PM-Travelogue: “Peru” (H)

**Wednesday**
- 9:30AM-Aquatic Fitness at Caldwell Community Center
- 10:00AM-Shop Rite
- 10:30AM-Mah Jongg (CB Lounge)
- 10:45AM-Bridge (CB Lounge)
- 11AM-Blood Pressure Screening (CBL)
- 12:15PM-Outdoor Swimming at the Caldwell Pool
- 1:15PM-Banks
- 2:00PM-Zumba (H)

**Thursday**
- 10:00AM-Better Balance & Posture (H)
- 10:00AM-Shop Rite
- 10:30AM-Mah Jongg (CB Lounge)
- 10:45AM-Bridge (CB Lounge)
- 11AM-Blood Pressure Screening (CBL)
- 12:15PM-Outdoor Swimming at the Caldwell Pool
- 1:15PM-Banks
- 2:00PM-Zumba (H)

**Friday**
- 9:30AM-Aquatic Fitness at Caldwell Community Center
- 10:00AM-Gentle Yoga (H)
- 10:15AM-Community Center
- 10:30AM-Gentle Yoga (H)
- 11AM-Blood Pressure Screening (CBL)
- 12:15PM-Outdoor Swimming at the Caldwell Pool
- 1:15PM-Banks
- 2:00PM-Zumba (H)

**Saturday**
- 9:30AM-Aquatic Fitness at Caldwell Community Center
- 10:00AM-Gentle Yoga (H)
- 10:15AM-Community Center
- 10:30AM-Gentle Yoga (H)
- 11AM-Blood Pressure Screening (CBL)
- 12:15PM-Outdoor Swimming at the Caldwell Pool
- 1:15PM-Banks
- 2:00PM-Zumba (H)

**Sunday**
- 3:30PM Sunday Worship Service (H)
- 7:30PM Sunday Worship Service (H)
- 7:30PM Classic Movie: “Rag Time” (H)
- 9:30AM-Aquatic Fitness at Caldwell Community Center
- 10:00AM-Morning Movie: “Instant Family” (H)
- 1PM-Afternoon Dancing (H)
- 2PM-Morning Movie: “Instant Family” (H)
- 7PM-Bridge (CB Lounge)
- 7:30PM-Musical Performance by The City Winds Trio (H)

**Monday**
- 10:00AM-Stretch & Strengthen (H)
- 10:00AM-Local Errands
- 12:30PM-Mah Jongg (CB Lounge)
- 1:00PM-Scrabble (Café)
- 1:30PM-Food Committee (A)
- 2:15PM-Euernmental Communion Worship (AL)
- 7:30PM-Movie: “The Best of Enemies” (H)

**Tuesday**
- 8:00AM-Men’s Breakfast (Café)
- 9:30AM-Aquatic Fitness at Caldwell Community Center
- 9:30AM-10:30AM-Shop Rite
- 10AM-Gentile Yoga (H)
- 10:15AM-Jewelry & Watch Repair Service (T)
- 12:15PM-Outdoor Swimming at the Caldwell Pool
- 1:15PM-Banks
- 2:30PM-Presentation on LSMNJ with Alison Lauck (H)
- 2:30PM-Local Errands & Extended

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